



Jurnal Psikogenesis is a semiannually publication produced by Fakultas Psikologi Universitas YARSI since 2012 (*e-ISSN: 2597-7547, p-ISSN: 2303-3177*). The journal reflects the wide application of all aspects of psychology related to health. It also addresses the social contexts in which psychological and health processes are embedded. The main emphasis of the journal is on original research, theoretical review papers, meta-analyses, and applied studies.

EDITORIAL BOARD

Editor-in-Chief

Dr. Sunu Bagaskara, M.Si

Faculty of Psychology, Universitas YARSI

Managing Editor

Sari Zakiah Akmal, Ph.D.

Faculty of Psychology, Universitas YARSI

Editorial Board Members

Dr. Melok Roro Kinanthi, Psi.

Faculty of Psychology, Universitas YARSI

Dr. Christiany Suwartono

Faculty of Psychology, Unika Atma Jaya

Arini Widyowati, M.Psi, Ph.D., Psi

Faculty of Psychology, Universitas Ahmad Dahlan

Dr. Arum Etikariena, MPsi., Psi

Faculty of Psychology, Universitas Indonesia

Section Editors

Dr. Entin Nurhayati, M.Si, Endang Fourianalistyawati, Ph.D., & Johan Satria Putra, M.A.

Faculty of Psychology, Universitas YARSI

Copy & Layout Editor

Niken Mutia, S.Psi

Faculty of Psychology, Universitas YARSI

Editorial Address:

Faculty of Psychology, Universitas YARSI

Jln. Letjend Soeprapto, Cempaka Putih, Jakarta Pusat 10510

e-mail: jurnal.psikogenesis@yarsi.ac.id | Phone : 021-4223138



List of Content

<i>Secure Attachment</i> dan Kualitas Pernikahan pada Individu Menikah: Sebuah Meta Analisis Natalia Konradus, M. Noor Rochman Hadjam, Intaglia Harsanti, Avinanta Tarigan	77-89
<i>Personal Growth</i> Perempuan dalam Masa Kehamilan: <i>Scoping Review</i> Istiqomah, Endang Retno Surjaningrum	90-109
Sleep Quality as the Mediator Between Sleep Hygiene and Insomnia, Anxiety, and Depression Irish Amalia, Sali Asih	110-121
Pengaruh <i>Quality of Work Life</i> terhadap <i>Job Performance</i> pada Karyawan Generasi Z di Perusahaan Perintis (<i>Start Up</i>) di Jakarta Manda Winda Alamanda, Benedicta P. Dwi Riyanti	122-131
Peran Optimisme, Kebersyukuran, dan Harapan terhadap Kesejahteraan Psikologis pada Mahasiswa Tingkat Akhir Universitas Muhammadiyah Surakarta Alifia Rahma Salsabila, Setia Asyanti	132-144
Hubungan Pola Asuh Orang Tua dengan <i>Big Five Personality</i> pada Remaja Nadhira Nurlathifah Hardjanto, Arif Triman	145-155
Harapan dan Identitas Etnis pada Remaja di Nusa Tenggara Timur Marleny Purnamasary Panis	156-168
Pengaruh Kepuasan Pernikahan terhadap Kepuasan Hidup Pasien Kanker Dewasa Muda Shelly Chantika, Sandra Handayani Sutanto	169-181
Pengaruh <i>Flexible Work Arrangement</i> Terhadap <i>Employee Engagement</i> Pada Pekerja Usia Dewasa Awal Irma Rosalinda Lubis, Shaumi Annisa Ishak	182-192